




**ANTIGUA & BARBUDA  
HOLISTIC COALITION**

## **CRISIS AND COMMUNITY SUPPORT**

1. Suicide/Crisis: call 911 or go to the hospital
2. Family and Social Services: 24/7  
Counselling Hotline: 268-774-0656
3. Gender Based Violence: 24/7  
Support and Referral Center (SARC)  
Hotline: 268-463-5555
4. Counselling Services, Ministry of Education: Phone 268-462-4970,  
WhatsApp: 268-720-4065
5. Mental Health Talk Antigua  
Counsellor Directory, scan code: 

**ORDER THIS IN POCKET SIZE CARDS**

**A portion of the proceeds will go to  
the Youth Mental Healthcare Fund**

**ABHOLISTICCOALITION.ORG**