



**ANTIGUA & BARBUDA
HOLISTIC COALITION**

CRISIS AND COMMUNITY REESOURCES

1. Suicide/Crisis: call 911 or go to the hospital
2. Family and Social Services: 24/7
Counselling Hotline: 268-774-0656
3. Gender Based Violence: 24/7
Support and Referral Center (SARC)
Hotline: 268-463-5555
4. Counselling Services, Ministry of Education: Phone 268-462-4970,
WhatsApp: 268-720-4065
5. ABHC Mental Health Partners
Directory, scan: <https://canva.link/gc5c1dou8ixktnp>

ORDER THIS IN POCKET SIZE CARDS

**A portion of the proceeds will go to
the Youth Mental Healthcare Fund**

ABHOLISTICCOALITION.ORG